

Sustainability in care

INSIGHTS, CHALLENGES & SOLUTIONS WEBINAR CHECKLIST

Getting started
with sustainability
in social care:

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Switch to LED lighting

Start with communal areas, cupboards, and staff rooms. Use motion sensors where possible.



Install motion sensors

Especially in low-traffic areas like staff toilets, corridors, and storage spaces.



Upgrade water systems

Use heaters suited to your water hardness. Add water softeners and routine servicing.



Change laundry practices

Use biodegradable detergents, full loads only, correct temperatures and alternative disinfection methods. Speak to your laundry suppliers for training in the machines and products you are using.



Go paper-light

Introduce digital care plans, QR menus, and stop unnecessary printing.



Use microfibre cleaning systems

Reduces chemical and water use. Safer and more efficient.



Recycle paints and cans

Join Dulux Can Recycling and donate leftovers via Community Repaint.



Educate on recycling

Use clear bags and train staff on what goes where. Monitor and give feedback.



Recycle food waste

Reduce general waste. Track meal uptake and adjust portions where needed.



Eliminate single use plastics

Start in catering, then look at clinical areas where safe to do so.



Repurpose uniforms and linens

Partner with local groups or textile recyclers.



Question suppliers

Don't be afraid to ask suppliers questions and work with them to find tailored sustainable solutions that work for you.



Choose commercial over domestic when appropriate

Many commercial machines have better eco innovations for greater cost savings and energy efficiency.



Schedule regular servicing

Regular servicing of your critical equipment can help extend equipment lifespan, prevent breakdown and boost efficiency.



Start small, pick one achievable action and build momentum from there!